

Auricular Medicine

- A New Map for the Journey to Health

Just when it seemed as if every conceivable aspect of the body had been tapped for its therapeutic potential, alternative medicine opens up yet another new realm of healing.

Auricular medicine, a recent arrival in North America from Europe, combines the concepts of ancient traditional Chinese medicine with modern energy testing systems. A form of ear acupuncture first developed in the 1950s by French doctor Paul Nogier, auricular medicine is a means of diagnosing and treating the key energy blockages which cause ill health.

Similar to the way in which the feet provide a map of the human body, the ear contains its own intricate system of reflex points relating to organs, tissues and body systems. An imbalance or blockage in any area of the body can be detected via the pulse in conjunction with specific points on the ear. Through the energetic feedback mechanism provided by the pulse, imbalances in the body are identified and treated in order of priority. Using special filters applied to the skin, the thickness of a field of protective energy surrounding the body can be measured.

According to the principles of Chinese medicine, the energy obtained from food is transmuted by the spleen, then sent to the lungs where it combines with air (or prana), to then be distributed throughout the body. The energy thus generated forms what the Chinese call the wei chi – an invisible boundary, protecting the body from outside influences. The denser the wei chi becomes and the more tightly it hugs the physical body, the healthier the individual.

Once an imbalance has been detected in the energy field, using the ear points and pulse, it can be treated either by the application of a micro-electric current on the ear point, or by remedies in the form of vitamins, minerals, herbs or homeopathic medicines. Occasionally, as in the case of

some chronic immune deficiencies, semi-permanent needles are inserted into the ear point. The electrical charge causing the blockage at that point holds the needle in place. Once the imbalance has been sufficiently corrected, the electrical tension holding the needle in place releases and the needle falls out.

“The beauty of this system” says naturopathic physician Dr. Sid Weiss, “is that, by treating key points, other imbalances automatically correct themselves. This means that the patient does not have to take unnecessary remedies or undergo lengthy therapy. Once the major blocks to healing have been removed, the body’s innate healing powers do the rest”.

In addition to diagnosing and treating physical imbalances, auricular medicine also works at the emotional level. Emotional blockages are often among the deepest, and often only register as imbalances once other, physical blocks have been cleared. The system is also effective in treating serious diseases such as AIDS or cancer, getting the root cause of illness and targeting the organs most instrumental in boosting the immune system.

Other health problems which benefit from auricular medicine include allergies, chronic infection, digestive disorder, anxiety, depression, arthritis, learning disabilities and chronic pain. Auricular medicine is even used to treat drug addictions in federally and state-funded programs in the United States.

“Auricular medicine is intrinsically holistic,” says Dr. Weiss. “By determining the healing capacity and wei chi of each individual, the optimal, most economical use of his/her innate vitality can be made.”

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